

TABLE 1. Demographic and clinical characteristics of the 50 participants who participated in the repeatability study.

Demographic characteristics		Demographic characteristics	
Nationality [Greek]	50 (100)	Married	29 (58)
Sex [Female]	34 (68)	Widowed	13 (26)
Age [Mean (SD); years]	66.1 (14.5)	Divorced	4 (8)
Body Mass Index [BMI; Mean (SD); kg/m2]	29.5 (6.3)	Cohabitation	2 (4)
Educational level		Single without cohabitation	0 (0)
Graduate of Primary school	16 (32)	Other	0 (0)
Graduate of High school	4 (8)	Personal/ Family income	
Graduate of Lyceum	11 (22)	<12000 €/ year	10 (20)
Graduate of Technical Lyceum	2 (4)	12 – 18000 €/ year	16 (32)
Undergraduate level	6 (12)	18 – 24000 €/ year	13 (26)
Postgraduate level	5 (10)	24- 30000 €/year	6 (12)
PhD level	1 (2)	>30000 €/ year	5 (10)
Other	5 (10)	Clinical characteristics	
Occupation		Hypertension	34 (68)
State employee	5 (10)	Diabetes Mellitus II	22 (44)
Private employee	8 (16)	Diabetes Mellitus I	2 (4)
Freelancer	2 (4)	Hypercholesterolaemia	28 (56)
Retired	32 (64)	Increased levels of triglycerides	12 (24)
Unemployed	0 (0)	Obesity	7 (14)
Undergraduate student	0 (0)	Coronary heart disease	8 (16)
Other	3 (6)	Stroke	2 (4)
Marital status		Kidney Disease	2 (4)
Single	2 (4)	Fatty liver (non-alcoholic fatty liver disease)	10 (20)

Notes: Results are presented in the form N (%), except otherwise mentioned