

TABLE 1. Summary of recommendations for the use of diabetes medications during acute COVID-19.

| Drug class | Recommendation |
|----------------------|--|
| Metformin | Discontinue in severe-critical disease. May be used during mild to moderate disease if there is no severe dehydration |
| SGLT-2i | May be used in mild to moderate disease, and possibly even in severe disease. Monitor for dehydration and DKA. Avoid in critically ill patients |
| GLP-1 RA | May be used in mild to moderate disease. More data needed to know if suitable for severe disease |
| DPP4-i | Can be used across a wide range of disease severity, as generally well tolerated |
| Sulfonylureas | Discontinue if oral intake of food is poor, due to the risk of hypoglycemia. |
| Pioglitazone | Continue in mild to moderate disease. Avoid in severe disease due to the risk of fluid retention. |
| Insulin | Preferred treatment option for hospitalized patients, where it should be given subcutaneously in severe disease, and as an intravenous infusion in critically ill patients. Regular glucose monitoring is advised |

Disease severity is described as follows: *Mild* (no pneumonia and SpO₂≥94% on room air), *Moderate* (pneumonia with SpO₂≥94% on room air), *Severe* (pneumonia and at least one of the following: SpO₂≤94% on room air, PaO₂/FiO₂≤300 mmHg, Respiratory Rate≥30/min, ≥50% lung infiltrates on imaging), *Critical* (ARDS, Sepsis or Septic shock)

SpO₂: oxygen saturation, PaO₂: partial pressure of oxygen in arterial blood, FiO₂: fraction of inspired oxygen, ARDS: acute respiratory distress syndrome