

TABLE 1. Demographic data and prevalence of DM 2 and cardiometabolic parameters in the study population

Sex	Number	%
Male	239	44,2
Female	302	55,8
Total	541	100
Age	541	64,1± 8,0 years
Type 2 Diabetes	160	29,6
Known DM T2	139	25,7
Unknown DM T2	21	3,9
Prediabetes	59	10,9
IGT +IFG	(31+28)	
Obesity	284	52,5
BMI ≥ 30 kg/m ²	(130+154)	M: 54,4 F:51
Overweight	180	33,3
BMI 25-30 kg/m ²	(78+102)	M:32,6 F:33,8
Normal / underweight	77	14,2
BMI < 25 kg/m ²	(31+46)	M:13 F:15,2
Waist circumference		
Male ≥ 102 cm	140	58,6
Female ≥ 88 cm	262	86,8
Waist -to- Hip Ratio		
Male WHR ≥ 1,0	121	50,6
Female WHR ≥ 0,90	220	72,8
Hypertension	362	66,9
SBP ≥ 140 mm Hg		
DBP ≥ 90 mm Hg		
Known Hypertension	318	58,8
(on antihypertensive treatment)		
Unknown Hypertension	44	8,1

DM T2: Type 2 Diabetes; IGT: Impaired Glucose Tolerance; IFG: Impaired Fasting Glucose; BMI: Body Mass Index; WHR: Waist -to- Hip Ratio; M: Male; F: Female; SBP: Systolic Blood Pressure; DBP: Diastolic Blood Pressure.