

TABLE 1. Results from Cox proportional hazards model regarding the risk of dying from Coronary Heart Disease, among the ATTICA study participants.

	Hazard Ratio	95% Confidence Interval	p-value
Age (per 1 year) ¹	1.06***	[1.05 – 1.07]	<0.001
Women vs. Men	0.60***	[0.47 – 0.77]	<0.001
Blood glucose levels (per 5 mg/dL) ³	1.02**	[1.00 – 1.05]	0.030
Metabolic syndrome, No vs. Yes ⁴	0.73**	[0.57 – 0.95]	0.016
Healthy Aging Index (per 1 unit) ⁵	0.57**	[0.40 – 0.80]	0.002

Note: Results are based on the Cox proportional hazards model which treats stroke patients as censored observations. (***) p < 0.001, (**) p < 0.05)